

## Talking about Feelings

Do you know these words?

angry

bored

depressed

excited

frustrated

mixed feelings

nervous

satisfied

scared

surprised

upset

worried

You are A.

Ask the questions. Write your partner's answers.

1. Tell me what happened the last time you were angry. ....
2. In which lesson at school do you feel most bored? .....
3. How will you feel when you graduate this school? .....
4. What are you scared of? .....
5. If you felt depressed, how would you cheer yourself up? .....
6. What aspect of your future are you most worried about? .....
7. Have you ever been upset with me? (How come?) .....
8. When were you last surprised at one of your teachers? .....
9. For which subjects' school tests do you not usually feel nervous? .....
10. What do you do if you are frustrated with school work? .....
11. Are you satisfied with your appearance?  
What would you like to change? .....
12. Tell me about the last time you were excited. ....

Now finish these sentences. Tell them to your partner. Write the sentences that your partner says.

1. I feel scared when .....
2. I get bored when .....
3. I get upset when .....
4. I'm not satisfied when .....
5. I'm pleased when .....

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You are **B**.

Ask the questions. Write your partner's answers.

1. Tell me what happened the last time you were upset. ....
2. In which lesson at school do you feel most frustrated? .....
3. How will you feel when you finish this term? .....
4. Who are you scared of? .....
5. If you are bored during a lesson, what do you do? .....
6. What are you most worried about at the moment? .....
7. Have you ever been angry at me? (How come?) .....
8. What happened the last time you were surprised by a parent? .....
9. Please tell me about the last time you were nervous. ....
10. What do you think is best for when you are depressed, talking, eating, drinking, exercise or sleep? .....
11. Are you satisfied with all your teachers? .....
12. What makes you more excited, sports events or pop concerts? .....

Now finish these sentences. Tell them to your partner. Write the sentences that your partner says.

1. I get worried .....
2. I get excited when .....
3. I'm most relaxed when .....
4. I'm angry when .....
5. I'm pleased when .....